



The SonRise Voice

Rev. Dave York, Pastor

June 2010

Think of These Things - June 2010

Summer is here! Well, almost - June 23 is the official date summer begins but I'm ok with calling Memorial Day the start of summer. It is a good time to relax from a busy year of school, work and life. Many of us travel to visit people we love. Who hasn't attended a graduation, family event, or high school reunion? The Yorks are planning our vacation (July 5-11) to spend a week with friends from our seminary days. They are dear to us and we enjoy getting connected again. Taylor is going to church camp, too. It is an important practice to enjoy recreation, too. Living in Colorado gives us so many opportunities to camp, hike, boat, and fish. Through those hobbies, we are actually re-creating ourselves so that we can engage in our daily lives with renewed energy and vigor. God's plan for us is 6 days of work, 1 day of rest (not 24/7), so taking time off or out is critical for our physical and spiritual health.

While we may take a break from our everyday life, we never cease to engage with God. As followers of Christ, remember the Great Commandment - Love the Lord your God with all your hearts, soul, mind and strength and love your neighbor as yourself. We don't take a break from living this commandment. It should be our highest priority in how we spend our time, energy and money.

Here are a few strategies on how to stay engaged with God during the summer months.

Plan to attend Sunday worship wherever you are - Make loving God your highest priority. If you are traveling, visit another church and experience worship as a guest. Attend SonRise as an important part of your weekly practices. Isn't God more important than mowing the yard, going fishing or walking the dog? Those personal chores/activities will get done. Doesn't God deserve your best?

Continue to daily spiritual practices - Reading scripture, prayer, sharing life with others, and doing works of mercy and service keep us close to the Lord. Take a day of solitude to be alone with God away from the hectic pace of everyday living.

Enjoy God's creation during your outdoor activities - Make time to consider the Creator of all you see. Sit under the stars and wonder about God's awesomeness. Sing or hum How Great Thou Art when you are hiking or camping. Pray as you tend the flowers and trees. Thank God when thunder and lightning fill the sky. Watch wildlife and appreciate the diversity of the creation.

Invite your neighbors, friends and family to share your life - Summer is a great time to walk across the street and start a conversation with your neighbor. Invite your friends over for a cookout or picnic. Hospitality is a Christian practice that we often ignore or forget in our individualistic culture. Loving your neighbor may start by having the kids play together or visiting on the front porch.

Each day we play and work, love and live, laugh and cry. Live today with a spirit of worship. God is worthy of our praise and thanks. We never take a break from God who loves us more than we can imagine. Attend Sunday worship with the church family, practice daily doses of worship, enjoy creation and love your neighbor. Make God your highest priority this summer and always! **Dave**

A little church history —

SonRise Church

A United Methodist Ministry

...a new day
...a new promise

On March 13, 2000, the Faith Church Council and the Pueblo West Steering Committee decided on a new church name after many months of trying various combinations of ideas. The new SonRise Church was announced and advertised at their first worship service on September 10 of that year.

"The name SonRise has a very significant meaning for us as a new church. It reminds us of the Easter resurrection of Jesus Christ and the promise of new life. It also reminds us that God creates for us a sunrise each day of our lives. As the sunrise breaks into each day with the promise of unlimited opportunity, so we are given a new day for our community of faith with unlimited opportunity to serve God."

As we move towards the next phase of growth at SonRise, let us always be mindful of the spirit of those who started the journey of SonRise, continue to focus on serving God every day and give thanks for the opportunity to reach out in Christ's love to our community.





SonRise Church Annual Garage Sale

We will be holding our Annual Garage Sale on **Friday, June 4th & Saturday June 5th**. The sale will run from **8:00 am to 2:00 pm** (both days). Items you would like to donate for the sale may be dropped off on June 1st, 2nd, and 3rd. If you have large items to donate (i.e, furniture, etc.) **please drop them off on the days of the sale** because of storage issues. New Horizons will pick up any unsold items on June 9th!

Garage Sale Donation Receipts available upon request. Please contact the church office at 545-0557.

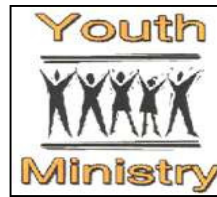
*****The SonRise Voice*****

is now available on the church website at www.sonrisepueblo.org. You can find it under "Events." The newsletter is a PDF file, which requires Adobe PDF Reader to open, which is a free and safe download for any computer. If you prefer a hard copy of the newsletter each month, they will be available on the Usher Table in the lobby.



JUNE Children's Ministry

- Regular Sunday morning activities
- Vacation Bible School, June 21-25, 9:00 a.m. to noon for kids going into Kindergarten through 6th. Register by contacting Pastor Rhonda.



JUNE Youth Ministry

- 6: Youth Group, 6:00-8:00 pm; Cookout/volleyball at the Yorks
- 13: Youth Group, 6:00-7:30 pm; paint T-shirts for VBS
- 20: Youth Group, movie night, TBA
- 21-25: VBS, 9:00 to noon**
- 27: Youth Group, 6:00-7:30 pm; New 6th graders into group; Team-building games.

Six members of the SonRise Worship Team will be traveling to Albuquerque to attend a National Worship Leader Conference on June 15-18. Thank you to all who donated to this trip--all of our expenses were taken care of due to your generosity. We request prayers for safe travel, learning, sharing lives, and meeting with God.

SS: Sunday School; CW: Children's Worship;

N: Nursery; CC: Children's Choir; SK: SonRise Kids



**ADULT
FELLOWSHIP
LUNCHEON**

The Adult Fellowship luncheon for June will be held on June 7th at 12:30 pm at SonRise Church. The meal will consist of sandwiches, salad and dessert. Dessert will be provided, so bring your favorite sandwich fixings or a salad. Bring your own table setting. Hosts for June are Esther Layne (564-1866) and Jodi & Keith Flor-schutz (647-1764). Any questions, call Jim or Nancy, 647-1240.

JUNE UMW MEETING

The UMW meeting for June will be Thursday, June 10 at 9 a.m. at SonRise. Esther Layne will be the hostess, and will present the program.

DEADLINES

- Sunday Bulletin Deadline—Wednesdays by 1:00 p.m.
- **JULY NEWSLETTER DEADLINE—**
Tuesday, June 22

Please note that all newsletter articles should be submitted to —

thesonrisevoice@qwestoffice.net

SONRISE MEN'S CLUB

The SonRise Men's Club is looking for as many good men as we can find. Our Men's Club role is to provide the men of the church a means to grow spiritually and assist the church in its various projects (e.g., table set-up, church clean-up, church ground maintenance, handyman and other mission projects). If you would like to help us, please call Bill Haines (647-2810) or Steve Watson (544-7141) for more information or stop by the church office and let them know that you are interested. The Club meets monthly on the second Tuesday at 6 PM. A meal is provided. Next meeting is *Tuesday, June 8th*.



**SonRise
Exercise Class**

Since VBS will be held June 21-25, there will not be exercise classes during that week. Thanks, Mary Ann Wells

**COOPERATIVE CARE
DONATION ITEM FOR JUNE
Laundry Soap/Fabric Softener**

**GREETINGS FROM
AMANDA ROHRER AND
FAMILY**



Hello SonRise! I do apologize that this Thank You did not come sooner, but life has finally slowed down enough for me to be able to sit down and be on my laptop for longer than 3 minutes. I wanted to thank each one of you for all you did for Brileigh and I, the prayers, cards, meals, phone calls, gifts and quilts were very thoughtful of you and we appreciate all of them. I also wanted to update all of you on what we are doing.

We are now living in Trinidad with Justin, my husband/Brileigh's daddy. I am not working as I am getting to enjoy being a stay at home mommy until God and I find me a part-time job. I am enjoying not working right now, but I do miss it sometimes. Brileigh keeps me busy 24/7 and I get to enjoy every second of it, for that I am grateful.

Brileigh is now 6 months old and is doing wonderful. She weighs 13 pounds 8 ounces and is 24 inches long (has gained 6 pounds since birth). She is still very low in her percentile, but the doctors and specialists are not concerned; we know she will just be a little petite girl and that's ok. Brileigh is sitting up by herself, rolling everywhere and loves to eat babyfood. She is starting to copy faces we make and sounds. She does say Mama and Hi. She is very sociable already, but at the same time plays shy quite well. God has been with her daily and we thank him every day for giving her to us. She is still being treated for the gastroparesis/DGE and GERD. The specialists are still very hopeful that she will out-grow them. We are now going just once a month to the specialist in Denver at Children's Hospital instead of weekly...PRAISE GOD! All in all she is a happy, healthy baby girl. Quilters- She sleeps with the prayer quilts that you made her, one covers her and the other is at the end of her bed. They are both beautiful! Thank you.

I miss all of you and pray that you are doing well. Thank you again for all you did for us, I felt like "part of the family" and will never forget the love that you all showed to us.

Blessings- Amanda Rohrer

Here is our contact info: Amanda, Justin and Brileigh Rohrer
211 East Indiana Avenue Trinidad, CO 81082 719-369-7722 JnA_Rohrer@msn.com

**WHAT THE WALK
TO EMMAUS
MEANT TO ME**

Sara Peaslee



I have known about the Walk to Emmaus for a few years now, and after realizing that there would never be a "convenient time" to go, I decided to just go. Yes, of course, I'm glad I went, but it's so much more than the question of whether I had a good time. Was it relaxing? No, in fact, I slept very little and in three different places over three nights. Was it gossip girl time? Certainly not, thank goodness. Did Jesus show up in flowing white robes on a cloud? Nope, or if He did, I missed it.

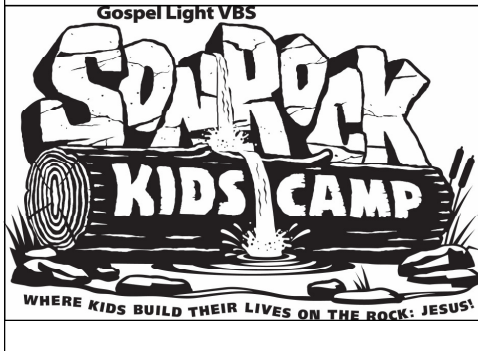
Was it worth it? Are you forever changed? Yes.

Before Emmaus, I somehow had in my mind that God loves us because he has some goal to accomplish - that plans are the motivation for loving us. That's a very worldly concept - many people or groups have a personal motive or a goal behind "loving" or "caring" for someone. At the Walk, I realized my thinking that God felt this way about us was completely backwards. God already knows everything about me, and is closer to me than I am to myself. God has no motive behind loving you or me, and His love for us cannot and will not change. It's our choice how we respond to that. He loves us - each and every one of us - first and foremost. His love for us IS the only motive behind the plans He has for our lives.

Now, that changes everything for me. I'm a very technical person, so goals and plans are a very natural part of my personality, and I'm good at accomplishing almost whatever I set my mind to. However, I discovered that many of the relationships I had with people were out of the desire to achieve a particular goal or out of motive. Now that I understand God doesn't love me that way, I must stop thinking of others in that way. In many ways, I feel like I'm "back at the beginning" with relationships, but that's o.k. If it means moving forward in the right way with loving people, then it is worth it.

What happens to you on the Emmaus Walk? I don't know - that's up to you. I do know change is hard, especially when the change is within us. The Emmaus Walk is what YOU make it, just as every step toward God is what YOU make it. The Walk has the potential to change your life, so the only question is, are you ready to go?

Sara Peaslee



It's time for Vacation Bible School!!

Join us at SonRock Kid's Camp where we will learn about The Rock: **Jesus!**

Check in the lobby for a list of supplies needed to help make VBS a success this year!

SPECIAL DATES:

June 14 — Flag Day

June 20 — Father's Day

June 21 — First Day of Summer



A Houston newspaper asked readers to send in thoughts about their fathers. Letters flooded in, and what people wrote about their fathers is most inspiring.

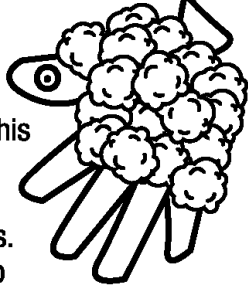
A few comments:

- Dad was always there for me. He sacrificed to make sure that we had what we needed.
- When disappointment came my way, Dad said, "Son, real life ain't about getting what you want but more about doing something with what you get."
- My dad was disabled, but he worked hard to make sure we children had a good education and lived moral lives. He would say, "I want you to succeed more than I did."
- My dad wanted us to be Christians and took us regularly to church.

What would you write about your father?

Lamb Mission Bank

God can do great things with our gifts. This craft reminds us that every little coin counts. When your lamb is full, empty out the coins and give them to a charity or church mission program.

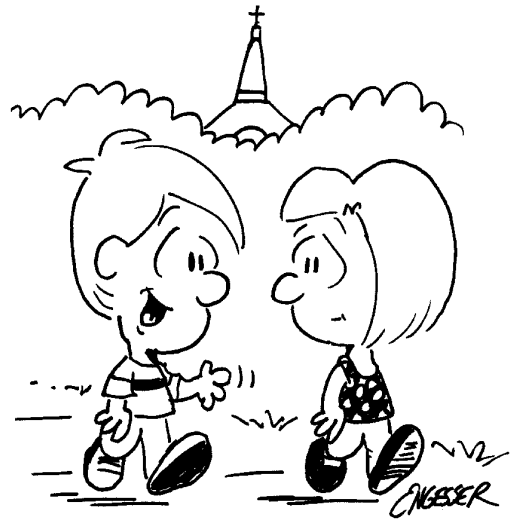


What you need:

- Knit glove (black or white)
- 1-foot-long piece of thin ribbon, any color
- Stapler
- Craft glue or hot glue gun
- Fiberfill or cotton balls
- 2 googly eyes

What you do:

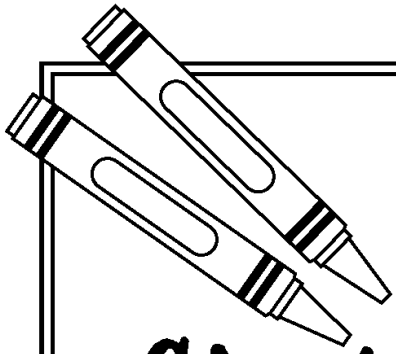
1. Staple one end of the ribbon to the inside of each side of the glove's opening to make a hanger.
2. For the lamb's body, cover the palm and half of the thumb with glue. Stick the fiberfill or cotton balls onto the glue.
3. Glue a googly eye to each side of the mitten's thumb. (The other fingers will be the legs.)
4. Hang the lamb where you'll see it often. Whenever you have extra change, drop it into your lamb bag.



"If we're all God's children, just think of all the cards he gets on Father's Day."



"It's like a tithe - I just keep 90% of my commandments."



Just for **KIDS**

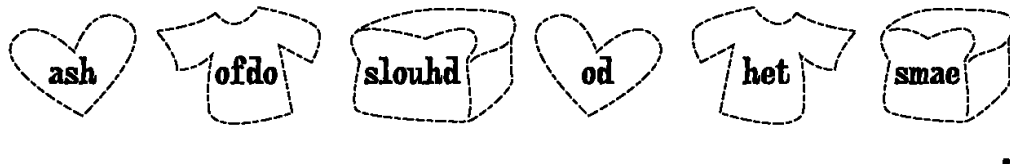
Give to those in need

John the Baptist spoke to a crowd, telling them they should be fruitful. When the crowd asked how they could be fruitful, John the Baptist responded with some specific ideas.

Unscramble John the Baptist's reply from Luke 3:11 (NIV), and write the words in the blanks below.

★ WORD BANK ★

with food him who should with man share do the should
two tunics has the who none and one the same has



Answer: "The man with two tunics should share with him who has none, and the one who has food should do the same." (Luke 3:11, NIV)

Leadership at SonRise Church

Rev. Dave York, Pastor..... # 647-9841
 Rev. Rhonda York, Pastor of Children and Youth Worship/Music
 Team Leader..... # 647-9841
 Kathy Thayer, Financial Chair # 647-9596
 Bill Haines, Church Council Chair..... # 647-2810
 Terry McGeeney, Staff Parish Relations Chair..... # 544-7477
 Greg Roberts, Trustee Chair..... # 547-0415
 Don Houtkooper, Treasurer..... # 547-0430
 Donna Roberts, Sign Language Interpreter..... # 564-0071
 Carolyn Dickinson, Office Administrator..... # 545-0557
 Sara Peaslee, Equipping Pastor.....# 647-1407

Sunday Schedule of Services

Sunday School: 10:15 a.m.
Kindergarten through Adult

Worship Service: 9:00 and 10:45 a.m.,
Nursery provided at both services

Office and Church Location:
421 East Spaulding
Pueblo West, CO 81007
(719) 545-0557
Email: sonrisechurch@qwestoffice.net

Office Hours:
Monday- Thursday
9:00 a.m.—2:00 p.m.

Our Website: www.sonrisepueblo.org

SonRise Core Values:

- W Worship
- O Open
- R Resource
- S Spirit Filled
- H Health and Wholeness
- I Innovative
- P People

OUR VISION

The vision of SonRise is to serve the Pueblo West community and all of Pueblo County in the name of Jesus Christ. We hope people will come to know the grace of God through the ministries of SonRise. After breaking ground on July 19, 2006, we are continuing to see what God is doing in the life of our church. On October 29, 2006 we held a consecration service to dedicate our building to God's use. It was a time of prayer and commitment. SonRise opened its new church on Easter Sunday, April 8, 2007. We believe SonRise reflects God's words Found in Isaiah 43:188-19. *"Do not remember the former things, or consider the things of old. I am about to do a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert."*

HAVE SOMETHING FOR THE NEWSLETTER?

Submit your article to:
thesonrisevoice@qwestoffice.net
 or
 Karen Lattie—kjlattie@comcast.net
 or
 Cathy Houtkooper—hout44@q.com