



The SonRise Voice

Rev. Dave York, Pastor

September 2010

THINK ON THESE THINGS - SEPT. 2010

Our focus at SonRise is the process of discipleship. What is a disciple of Jesus Christ? What type of character or action marks a follower of Jesus? As the church, our mission is to make disciples of Jesus Christ for the transformation of the world. In order to complete this mission and evaluate our effectiveness, it is important to understand who a disciple is and what a disciple does. Then, we need to reflect on our own life and see how we are doing.

Jesus was clear on being a follower with the people he taught. It is a choice. In Matthew 16:24-28, Jesus said, "If anyone would come after me, he must deny himself, take up his cross and follow me." In Matthew 6:24, he taught, "No one can serve two masters. Either he will hate the one and love the other or he will be devoted to one and despise the other. You cannot serve both God and money." In Matthew 18, when asked who will be the greatest in the kingdom of heaven, Jesus told his followers, "I tell you the truth, unless you change, and become like children, you will never enter the kingdom of heaven." Self denial, responsibility, humility are all choices we make each and every day.

Someone once wrote, "Be careful of the choices you make because in the end, the choices you make will make you." Our decisions of how we will live for Christ are life choices that have spiritual consequences. Consider these areas:

How do I spend my time?

How do I spend my money?

How do I spend my energy or my talent?

These choices are concrete expressions of our love, devotion and obedience to Christ. I hope that you will give them great consideration during the upcoming days. Most of our daily decisions are not life and death. We give our lives to Christ in small choices of courage, responsibility and action. Or not. We can live for Christ or live for ourselves. This is the struggle of the Christian life that every follower or would-be follower of Jesus has had to make. Many who heard Jesus preach admired and respected him but they didn't follow him. It is a choice.

My hope is that you will choose to follow Jesus with more love, passion and commitment than ever before. I believe it is worth it for today and eternally. The sacrifices that we make will be honored and blessed by God. And one day, we will be held accountable for the life we have been given. Matthew 16:26 says, "What good will it be for a person to gain the whole world but lose their soul?" If we take Jesus seriously, how will I have to reorder my life to be his follower? Every choice we make has consequences. In the end, the choices you make, make you.

Dave

Greetings to the people of the Sunshine District!

My name is Marv Vose and I have the privilege of serving you as District Superintendent. In that role, my first priority is to get to know the people and churches of the area. I've been visiting congregations and clergy, but with 44 churches, it may take me a bit to get to your church.

But I also want to let you know a little about me. I grew up in a little town in Iowa called Mediapolis. Some of my earliest memories were about attending the Methodist church. It was part of a two-point charge. Sperry was the other church. (It was the smaller one and Mediapolis was the bigger—if you can imagine that!) So I know small towns and rural churches.

Like most of the young people in our town, I left. College came next and a real loss of faith and direction. During that time, I spent a couple of years in the Marines, went to law school, practiced law—but God had a better idea and as I like to say, I was called from “law to grace!”

My wife, Caroline, was instrumental in getting me back to church. We've been married 38 years and have two children. Our daughter is a lawyer and our son does computers. He just got married! We are so happy for him and his bride.

I've served in ordained ministry for over 30 years in small, large, rural and suburban churches. I even spent 5 years as a district superintendent! Lots of clergy wouldn't touch that ministry with a ten foot pole and I can certainly understand that. But I really do feel called to this ministry and consider it a great privilege to serve you all. I look forward to meeting all of you and getting to know you better. God calls us to ministry together and together we can do so much more than we can alone.

Grace and peace,
Marv Vose

310 W. 11th St.
Pueblo, CO 81003
719-546-1523 office
719-250-3777 cell



Celebrate Our Heritage
SonRise Church 10th Anniversary
September 2010

**MISSION NOTES FROM SUNSHINE
DISTRICT MISSION CHAIR, Pat Blasi
blasienp@centurytel.net**

Many of the people of the world do not have clean water to drink. They must walk miles every day to get contaminated water from a stream or a water hole. It's the daily routine for 1 billion people of our world. It is also a fact that one child dies every 15 seconds from waterborne illnesses.

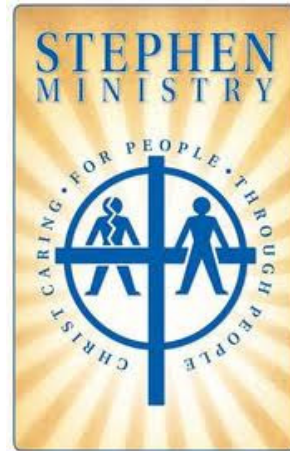
I was just reading an article from the July-August 2010 issue of the New World Outlook (which you can access online) about Clean Water in Nicaragua. The reason it particularly piqued my interest was because of a program that I attended this past week that featured clean water for Haiti. Innovative Water Technologies is located in Rocky Ford. They are providing units that purify water in areas that do not have access to pure drinking water. I have put links to both the article from the World Outlook and to the website of Innovative Water Technologies at the end of this article. I know the next time I fill my drinking glass I will say a thank-you for this great blessing I have been given.

http://gbgm-umc.org/global_news/full_article.cfm?articleid=5820

<http://www.innovativeh2o.com/indexPageSlideshow/index.htm>



LABOR DAY, SEPTEMBER 6



The Stephen Ministry has had quite a past month. Pastor Dave preached a series of sermons about equipping the laity, serving, and healing, culminating in the healing service on August 8 which was just phenomenal! God is at work at SonRise calling people to serve as helpers in spiritual wholeness and calling others to accept their brokenness and need of people to walk alongside them towards wholeness. The Stephen Leadership team has been conducting interviews of those interested in serving as Stephen Ministers. We have several people stepping up to call this ministry their own. Trainings begin in September with the Commissioning of our ministers in February. As we prepare and train, we ask for your prayers to give us the courage, grace, and love needed to ready our own hearts to help others.

"Spread love everywhere you go; to show love for God and our neighbor we need not do great things. It is how much love we put in doing that makes our offering something beautiful to God."

—Mother Teresa



September
Children's Ministry

5--Fall schedule begins

- Nursery at both services
- Children's Worship @ 9:00 service
- Sunday school @ 10:45 service

8--Connect @ SonRise begins

- 5:30-5:45: Supervised play time
- 5:45-6:15: Supervised Study hall
- 6:15-6:45: Dinner with family
- 6:45-7:00: Clean up
- 7:00-8:00:
 - Childcare available for preschoolers
 - SonRise Kids for K-5th
 - Classes for adults taught by Pastor Dave and Pastor Rhonda

12--Sunday morning schedule

- Nursery at both services
- Children's Worship @ 9:00 service
- Sunday school @ 10:45 service

15--Connect @ SonRise

- 5:30-5:45: Supervised play time
- 5:45-6:15: Supervised Study hall
- 6:15-6:45: Dinner with family
- 6:45-7:00: Clean up
- 7:00-8:00:
 - Childcare available for preschoolers
 - SonRise Kids for K-5th
 - Classes for adults taught by Pastor Dave and Pastor Rhonda

19--Sunday morning schedule

- Nursery at both services
- Children's Worship @ 9:00 service
- Sunday school @ 10:45 service

22--Connect @ SonRise

- 5:30-5:45: Supervised play time
- 5:45-6:15: Supervised Study hall
- 6:15-6:45: Dinner with family
- 6:45-7:00: Clean up
- 7:00-8:00:
 - Childcare available for preschoolers
 - SonRise Kids for K-5th
 - Classes for adults taught by Pastor Dave and Pastor Rhonda

26--Sunday morning schedule

- Nursery at both services
- Children's Worship @ 9:00 service
- Sunday school @ 10:45 service

29--Connect @ SonRise

- 5:30-5:45: Supervised play time
- 5:45-6:15: Supervised Study hall
- 6:15-6:45: Dinner with family
- 6:45-7:00: Clean up
- 7:00-8:00:
 - Childcare available for preschoolers
 - SonRise Kids for K-5th
 - Classes for adults taught by Pastor Dave and Pastor Rhonda

SS: Sunday School; CW: Children's Worship;
N: Nursery; CC: Children's Choir; SK: SonRise Kids



September Youth Ministry

5--NO YOUTH GROUP

8--Connect @ SonRise begins

- 5:30-5:45: Supervised recreation time
- 5:45-6:15: Supervised Study hall
- 6:15-6:45: Dinner for everyone
- 6:45-7:00: Clean up
- 7:00-8:00:
 - Small group for 6th graders with Sallette Benavidez
 - Supervised Study Hall for 7th-12th graders
 - Classes for adults taught by Pastor Dave and Pastor Rhonda

12--Youth Group

- Bible Study @ 4:45-5:45, The Parables of Jesus; The Coming of the Kingdom: Weeds, Mustard Seed, Yeast
- Youth Group @ 6:00-7:30, Creative Bible Lessons; Jesus as God

15--Connect @ SonRise

- 5:30-5:45: Supervised recreation time
- 5:45-6:15: Supervised Study hall
- 6:15-6:45: Dinner for everyone
- 6:45-7:00: Clean up
- 7:00-8:00:
 - Small group for 6th graders with Sallette Benavidez
 - Supervised Study Hall for 7th-12th graders
 - Classes for adults taught by Pastor Dave and Pastor Rhonda

19--Youth Group

- Bible Study @ 4:45, *The Grace of the Kingdom*: Two Debtors
- Youth Group @ 6:00, *Jesus as Human*

22--Connect @ SonRise

- 5:30-5:45: Supervised recreation time
- 5:45-6:15: Supervised Study hall
- 6:15-6:45: Dinner for everyone
- 6:45-7:00: Clean up
- 7:00-8:00:
 - Small group for 6th graders with Sallette Benavidez
 - Supervised Study Hall for 7th-12th graders
 - Classes for adults taught by Pastor Dave and Pastor Rhonda

26--BOWLING @ Bowlero Lanes, 5:00-7:00 p.m.

29--Connect @ SonRise

- 5:30-5:45: Supervised recreation time
- 5:45-6:15: Supervised Study hall
- 6:15-6:45: Dinner for everyone
- 6:45-7:00: Clean up
- 7:00-8:00:
 - Small group for 6th graders with Sallette Benavidez
 - Supervised Study Hall for 7th-12th graders
 - Classes for adults taught by Pastor Dave and Pastor Rhonda

SONRISE CHURCH PRAYER GARDEN:

A Garden for Spiritual Awareness Inspired by Rev. Susan Plymell

The vision of growth the late Rev. Susan Plymell had for SonRise Church is alive and well with continuing increases in attendance, membership, community outreach, and so much more. Another aspect of growth Susan envisioned was individual spiritual growth. When plans were being drawn for the new church in Pueblo West, Susan together with Sheryl Cook talked about including a prayer garden -- a place for memories, reflection, and meditation.

Susan loved to be outside, to garden and see new growth. She admired the beautiful prayer garden at the home of the District Superintendant at that time, Jan Sumner, who hosted picnics every summer. After tedious research of many different design ideas by Sheryl and Susan, Sheryl's husband, Mike Cook, drew up plans for the garden and submitted them to the landscaper. The original design was for the garden to be very personal, with names of contributors etched on a wall of tiles or bricks or rocks.

When Susan's family and church members voiced their desire to have a memorial at SonRise in her name, Susan did not want a plaque or a portrait; true to her nature, she wanted something outside for people to enjoy and become more spiritual. After Susan passed away, her family and others saw to it that the prayer garden was constructed in her memory. Susan's sister and brother, Janet and John, designed butterfly pins to be sold as a part of the fund-raising. Trees and bushes were planted, purchased by Susan's mother, Helen Groth. Susan's family purchased marble benches that were positioned to enhance prayer focus, engraved with sayings that went along with the building campaign - "Grow, Go, Gather" - "Remember the past, Live in the present, Hope for the future" - "A new day, A new promise" - "In loving memory of Rev. Susan Plymell, Founding Pastor." Other items of inspiration in the garden are a Southwestern cross art piece that was donated by Rev. Don Sperber who served as interim pastor before Pastor Dave's arrival, and a unique cross/fish sculpture donated by the family of Anna Smart. At the southwest corner of the garden, a peace pole was planted with the inscription "May Peace Prevail on Earth," also in Spanish, Navajo and animal footprints. Created by the Peace Pole Project, it serves as a reminder of expressing desire for peace, and was donated by Rev. John Blinn and his wife, Elaine, in memory of Susan.

Today the trees and bushes of the prayer garden are green and growing thanks to God's providence of rain and sun, and the gentle nurturing and watering by caring church members. With the next phase of building on the horizon, the prayer garden could be enhanced to become an even more inviting place to sit quietly and reflect on God's many blessings to SonRise, a place to connect with God spiritually, to thank Him for the legacy of a vision to Grow, Go and Gather.





**ADULT
FELLOWSHIP
LUNCHEON**

This month's luncheon will be **Monday, Sept. 13th** at 12:30 pm. @ SonRise Church. Our hosts for September are Sue & Glen Smith, 647-2094. According to Glen, the main course is a surprise. So, bring your favorite salad or dessert. Come join us for great fellowship and great food. Any questions, contact Jim or Nancy Simons at 647-1240.

BUCKET KIDS (50+)

Next get together will be **Saturday, September 11th @ 6:30 p.m.** at SonRise Church for "Game Night"! Bring your favorite dessert or snack!

**BEFRIEND AN INTERNATIONAL
STUDENT**

Over 60 new international students have just arrived at CSU Pueblo, and did you know that only 10% of international students ever make it inside an American home? If you are interested in befriending a student from Europe or Asia, please contact Steve or Dixie Gasper at 719-547-7549 for more information. Friendship partners usually spend time with their student at least once a month for a casual get-together.

Thanks, Steve and Dixie Gasper

NEW TO SONRISE?

Are you new to SonRise Church? Are you looking to get to know more people and find out more about the church? Then the Newcomer's Lunch on Sunday, September 26th is for you! Join Pastor Dave York and Equipping Pastor Sara Peaslee for lunch at 12:00 p.m. at the church. Enjoy great food and fellowship with newcomers just like you! This will be the perfect time to ask questions and tell us what you like about SonRise. Please RSVP to Sara Peaslee at 647-1407 or sarapeaslee@msn.com. Child-care is available with a reservation. We look forward to getting to know you!

UMW MEETING

The September meeting will be Thursday, Sept. 9 at 9 a.m. at SonRise. Marilyn McVicker will be the leader, and Joyce Lebeau will be hostess.

IMPORTANT NOTICE!!!

Are you missing a certain dish or pan, just can't imagine where it could have gotten to? Please check the "UNCLAIMED KITCHEN ITEMS" box in the kitchen and your mystery may be solved!!!

**COOPERATIVE CARE ITEMS
FOR SEPTEMBER —
FLOUR & SUGAR**



WHAT THE WALK TO EMMAUS MEANT TO ME

My Name is Keith Bulander

I went to the Walk to Emmaus #138 in October 2009. It was a wonderful four days. We learned a lot about Christ, the Bible and more. The Bible lessons were very rewarding and we all became very close. I made a lot of new Christian friends on this journey. There were some very emotional times, and it was a life changing experience. When it was time to leave on Sunday I felt like a changed man. I would encourage everyone to take the walk.



Are you missing something?? Please check our "Lost & Found" in the office. There are several pairs of glasses as well as a few other miscellaneous items. Also, we have a small digital camera (owner identify)! Please don't hesitate to call the office if you've lost something, **545-0557!**

DEADLINE FOR OCTOBER NEWSLETTER ARTICLES IS SEPTEMBER 28



Adult Fall Softball is approaching, so dust off your gloves and bats. We have had a great time with this in the past and look forward to doing so again. The fall season is 12 games starting the week of September 13th. We will be playing on Thursday nights with start times anywhere from 6-9pm. We take all levels of experience, so don't hesitate to join even if it has been a while since you played. Please contact either Jon Kinnischtzke at 547-0102, Jim Simons at 647-1240, or Keith Champion at 547-0934 to sign up or for more information. See you on the field!

MEETINGS... MEETINGS... MEETINGS...

And we are so excited to tell you about the results.

The Wednesday night Connect dinners have been a major topic of discussion. We all want to have great participation, but in the past the dinners were considered mainly "for the kids" — but that is truly a misconception.

"Connect" means a time for members of our Church Family to reach out and "connect" with the others in our community. We see work meetings with food served as a way for people to bond, thereby increasing communication and productivity. We meet with friends and family and plan to serve food, bonding by sharing a meal. We go out to eat with the kids, taking a night off and reducing stress, and in Acts 2:46-47 we read: "Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts, praising God and enjoying the favor of all the people. And the Lord added to their number daily those who were being saved."

"Connect" is a broad term and we'd like to bring that back to our Wednesday night Connect dinners. A lot of planning has taken place for the upcoming season and we are excited about the changes.

- Before dinner we will offer supervised recreation and study hall. This is a great time for kids to unite and get homework done so they can enjoy children's activities after dinner.

- In the meantime, adults are encouraged to help with setup for dinner or take a few minutes to enjoy the peace and quiet.

- Dinner is served at 6:15. The menu will be diverse and we have 3 nights planned that will be STRESS FREE. We will offer great tasting meals & beverages that follow nutritional guidelines.

- A quick cleanup will be done after dinner, and we now have a new dishwasher! (No, not Pastor Dave, a real dishwasher.)

Then at 7:00 we will connect some more. Kids are separated into their specific groups (SonRise Kids, Middle School, or High School). Adults can join a bible class or spend time connecting with other adults in our Church Family.

We are very excited about Connect this season and we love the changes. We love the help with kid's homework so adults can enjoy a stress free evening. Everyone will be able to feel our Church Family bond with great food, fun, friends, and family.

For questions on menu and participation please contact Teresa May Burns at 369-2500 or Tabitha Cunningham at 671-2622. You may also send an email to sonriseconnectdinner@gmail.com. We look forward to seeing you!

To all the pastors & lay leaders,

On October 15 & 16th, 2010 an Advanced Lay Speaking Course will be held at SonRise UMC in Pueblo West. The District Lay Speaking Team is requesting your help in identifying persons whom you think have the gifts for this ministry. Even though this is identified as an "advanced" class, anyone who has a call to Christian Care Giving would be welcomed.

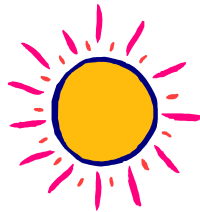
Please prayerfully consider this request and personally invite those individuals in your congregations whom you feel might be called to lay speaking.

Attached is the registration form and further information about the course.

Your help in this matter is appreciated.

Grace & peace,

Rev. Marv Vose,
District Superintendent
Sunshine District



Sunshine District

Lay Speaking - Advanced Course

The Lay Speaking Team of the Sunshine District is pleased to announce an upcoming advanced lay speaking workshop that will be offered at Sonrise Church, Pueblo West, CO.

Dates & Times: Friday, October 15, 5:30 p.m. to 9:00 p.m.; and

Saturday, October 16, 8:30 a.m. to 3:30 p.m.

Place: SonRise United Methodist Church - 421 E. Spaulding Ave. Pueblo West

Instructors: Revs. Olga Hard & DeEtta Goettel

Course Title: Christian Care Giving: How to Reach Out to Others with God's Love

Textbook: Lay Pastoral Care Giving by Timothy M. Farabaugh

Registration Cost: \$30.00. Registration fee includes snacks, lunch on Saturday, the textbook and materials. Other meals and lodging on your own.

Please make checks payable to the Sunshine District

Name _____

Address _____

Phone _____

Please send registration forms to:

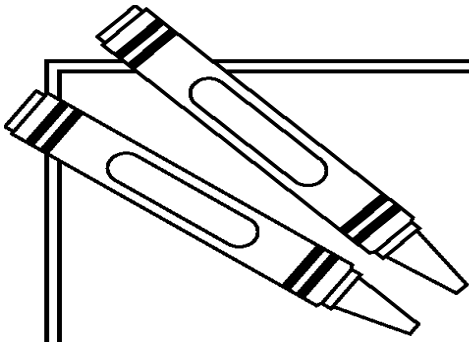
OR

Register online at:

Sunshine District
310 West 11th Street
Pueblo, CO 81003
719-546-1523

<http://rmcumc.org/rmc/districts/410-lay-speaking-event-Sunshine.html>

(If you register on line, you may pay at the door)



Just for

KIDS

GOD'S INSTRUCTION

The Bible is a guide for how we should live. In Sunday school and at home, we learn how God loves and saves us. Solve this puzzle to find Proverbs 4:13 (NIV), which tells about the importance of God's Word.

First, write the word that means the opposite of the one given.
Then write the correct letters on the number-coded lines below.

young 1 2 3 death 2 6 7 8 cold 4 1 5 come 9 1

sweet 10 1 11 12 can't 13 14 15 no 16 8 10 later 15 1 17

"H
4 1 2 3 1 15 5 1

6 15 10 5 12 11 13 5 6 1 15 ' 3 1

15 1 5 2 8 5 6 5 9 1 ;

9 11 14 12 3 6 5 17 8 2 2 ' 7 1 12

6 5 6 10 16 1 11 12 2 6 7 8 "







"Hold on to instruction, do not let it go; guard it well, for it is your life."
(Proverbs 4:13, NIV)

Answers: old, life, hot, go, sour, can, yes, now

Smart cookies

September is an exciting time, as you begin growing in wisdom with a new year of school and Sunday school. Be a "smart cookie" by making this special container for your kitchen. Change the pictures as your year goes by. Or fill the container with cookies to give as a gift.

What you need:

- 2 identical disposable plastic containers (rectangular and clear) 
- 1 lid
- 4 photos or drawings 
- Scissors
- Sticky bow or ribbon (optional)
- Cookies  

What you do:

1. Cut four different pictures or drawings to fit the sides of your container. Allow the edges to slightly overlap around the four sides of one container.
2. Gently set one container inside the other. Then slide the pictures or drawings down between the two containers to cover the four sides. Press the inner container down to secure the pictures in place between the sides.
3. Fill the container with cookies, and put the lid on top of the inner container.
4. You can put a sticky bow or ribbon on the lid to make the container look like a present.



Leadership at SonRise Church

Rev. Dave York, Pastor..... # 647-9841
Rev. Rhonda York, Pastor of Children and Youth Worship/Music
Team Leader..... # 647-9841
Kathy Thayer, Financial Chair # 647-9596
Bill Haines, Church Council Chair..... # 647-2810
Terry McGeeney, Staff Parish Relations Chair..... # 544-7477
Greg Roberts, Trustee Chair..... # 547-0415
Don Houtkooper, Treasurer..... # 547-0430
Donna Roberts, Sign Language Interpreter..... # 564-0071
Carolyn Dickinson, Office Administrator.....# 545-0557
Sara Peaslee, Equipping Pastor.....# 647-1407

Sunday Schedule of Services

Sunday School: 10:15 a.m.
Kindergarten through Adult

Worship Service: 9:00 and 10:45 a.m.,
Nursery provided at both services

Office and Church Location:
421 East Spaulding
Pueblo West, CO 81007
(719) 545-0557
Email: sonrisechurch@qwestoffice.net

Office Hours:
Monday- Thursday
9:00 a.m.—2:00 p.m.

Our Website: www.sonrisepueblo.org

SonRise Core Values:

- W Worship
- O Open
- R Resource
- S Spirit Filled
- H Health and Wholeness
- I Innovative
- P People

OUR VISION

The vision of SonRise is to serve the Pueblo West community and all of Pueblo County in the name of Jesus Christ. We hope people will come to know the grace of God through the ministries of SonRise. After breaking ground on July 19, 2006, we are continuing to see what God is doing in the life of our church. On October 29, 2006 we held a consecration service to dedicate our building to God's use. It was a time of prayer and commitment. SonRise opened its new church on Easter Sunday, April 8, 2007. We believe SonRise reflects God's words Found in Isaiah 43:188-19. *"Do not remember the former things, or consider the things of old. I am about to do a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert."*

HAVE SOMETHING FOR THE NEWSLETTER?

Submit your article to:
thesonrisevoice@qwestoffice.net

(or submit to church office)